

Italiano

Choreographer: Rachael McEnaney-White (UK/USA), Shane McKeever (Ireland) and Niels Poulsen (Denmark). October 2016

Count: 64 / **Wall:** 2 / **Level:** Intermediate

Music: Mamma Mia (He's Italiano) feat. Glance by Elena - iTunes. Approx 115 bpm.

Count In: 16 counts from when the start of the track. Dance begins on vocals.

Notes: Restart after 48 counts on the 5th wall. You are facing 12.00 to restart.

1-8 L side rock, L behind, ¼ R, L fwd, R touch, heel jack, L ball, R fwd, ½ pivot left.

1,2 Rock L to left side (1), recover weight R (2),

3&4 Cross L behind R (3), make ¼ turn right stepping forward R (&), step forward L (4) 3.00

5&6 Touch R next to L (5), step back R (&), touch L heel forward (6),

&7,8 Step in place on ball of L (&), step forward R (7), pivot ½ turn left (8) 9.00

9-16 R Dorothy step, L Dorothy step, R fwd rock, ½ turn R, ¼ turn R

1,2& Step R to right diagonal (1), cross L behind R (2), step R to right diagonal (&), 9.00

3,4& Step L to left diagonal (3), cross R behind L (4), step L to left diagonal (&) 9.00

5,6 Rock forward R (5), recover weight L (6),

7,8 Make ½ turn right stepping forward R (7), make ¼ turn right stepping L to left side (8) 6.00

17-24 R behind, L side, R crossing shuffle, 4 swivels L-R-L ¼ turn R

1,2 Cross R behind L (1), step L to left side (2),

3&4 Cross R over L (3), step L to left side (&), cross R over L (4) 6.00

5 Swivel both heels right as you step L to left side (5),

6 Swivel both heels left as you step R to right side (6) 6.00

7 Swivel both heels right as you step L to left side (7),

8 Swivel both heels left as you make a ¼ turn right stepping forward on R (8) 9.00

25-32 L fwd, R kick, R back, ¼ turn R looking back, ¼ turn L, R kick-ball-cross, R side

1,2,3 Step forward L (1), kick R foot forward (2), step back R (3) 9.00

4,5 Make ¼ turn right as you bend both knees slightly and look back over right shoulder (weight R)(4), make ¼ turn left as you recover weight L (5)

(option: take R hand to forehead as if 'looking' for something when you do count 4 (this simply hits the lyric "look" during the chorus) 9.00

6& Kick R to right diagonal (6), step in place on ball of R (&),

7,8 Cross L over R (7), step R to right side (8) 9.00

33-40 L sailor, hold with 'shake', R ball, L side, R points fwd-side, R sailor into R side shuffle (begins count 41)

1&2 Cross L behind R (1), step R next to L (&), step L to left side (2),

3&4 Hold (3), step R next to L (&), step L to left side (4)

(option: on count 2 & 3 shimmy shoulders (think that the R shoulder goes forward (2), back (&), forward (3)) 9.00

5,6 Point R toe across L (5), point R to right side (6), 9.00

7&8& Cross R behind L (7), step L next to R (&), step R to right side (8), step L next to R (&) 9.00

41-48 R side (end of R shuffle), L points fwd-side, L sailor ¼ turn L, ½ turn L doing 3 chugs/touches with R

1,2,3 Step R to right side (1), point L toe across R (2), point L to left side (3) 9.00

4&5 Cross L behind R (4), step R next to left (&), make ¼ turn left stepping forward L (5) 6.00

6 Make 1/8 turn left pushing R to right side (like a touch but stronger) (6),

7 Make ¼ turn left pushing R to right side (7), 1.30

8 Make 1/8 turn left pushing R to right to right side (8) (you are now facing 12.00 the R foot pushing toward 3.00) (8) (weight ends R) 12.00

Restart Wall 5 begins facing 12.00, during the 5th wall you will restart the dance here (rap section of music). Restart is facing 12.00

49-56 L side rock, L behind-side-cross, R side rock, R behind, ¼ L, R fwd

- 1,2 Rock L to left side (1), recover weight R (2),
- 3&4 Cross L behind R (3), step R to right side (&), cross L over R (4) 12.00
- 5,6 Rock R to right side (5), recover weight L (6),
- 7&8 Cross R behind L (7), make ¼ turn left stepping forward L (&), step forward R (8) 9.00

57-64 Syncopated fwd rocks L&R, ¼ turn L doing L jazz box (R cross at end)

- 1,2& Rock forward L (1), recover weight R (2), step ball of L next to R (&),
- 3,4 Rock forward R (3), recover weight L (4) 9.00
- &5 Step ball of R next to L (&), cross L over R (5),
- 6,7 Make 1/8 turn left stepping back R (6), make 1/8 turn left stepping L to left side (7),
- 8 Cross R over L (8) 6.00

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