

# Long Tall Sally

**Count:** 48    **Wall:** 4    **Level:** Improver

**Choreographer:** Sebastien Bonnier (Modern Linedancing) April 2013

**Music:** 'Long Tall Sally' by Cagey Strings (iTunes)

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**(Alt music: High Class Lady by The Lennerockers)**

## **[1-8] Stomp & Bounce R&L X2:**

- 1-4                Stomp R to R (spreading R hand to R side) & bounce R heel three times
- 5-8                Stomp L to L (spreading L hand to L side) & bounce L heel three times

## **[9-16]Walk X2, Run X4:**

- 1-4                Step R fwd, Hold, Step L, Hold
- 5-8                Walk fwd R-L-R-L (with knees flexed)

## **[17-24]Rock-Recover, Toe-Heel Struts Back X3:**

- 1-2                Rock-step R fwd, Recover on L
- 3-6                Step R toe back, Step R heel to floor, Step L toe back, Step L heel to floor
- 7-8                Step R Toe back, Step R heel to floor

## **[25-32]Rock-Recover X3, Step, Touch:**

- 1-2                Rock-step L back, Recover on R
- 3-4                Rock-step to L side, Recover on R
- 5-6                Cross-rock L over R, Recover on R
- 7-8                Step L to L side, Touch R beside L

## **[33-40]Toe-Heel Jazz Box With 1/4 Turn R:**

- 1-2                Cross-step R to over L, Step R heel to floor starting 1/4 turn R
- 3-4                Step L toe back, Step L heel to floor completing 1/4 turn R
- 5-6                Step R toe to R side, Step R heel to floor
- 7-8                Step L toe beside R, Step L heel to floor

## **[41-48]Heel-Toe Swivels Plus Claps X2:**

- 1-2                Swivel both heels to R, Swivel toes to R
- 3-4                Swivel heels to R, Clap
- 5-6                Swivel heels to L side, Swivel toes to L
- 7-8                Swivel heels to L, Clap

**No tags...no restarts...Enjoy!**

**Submitted by - Johnny Sheehan: [johnny.s@modernlinedancing.co.uk](mailto:johnny.s@modernlinedancing.co.uk)**